

EFFECTIVE: Beginning Sept 4th 2018



PARK DISTRICT
of HIGHLAND PARK

LAP LANE AVAILABILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am							
6am	5:15am – 12pm Lap Swim Only	5:15am – 12pm Lap Swim Only	5:15am – 12pm Lap Swim Only	5:15am – 12pm Lap Swim Only	5:15am – 12pm Lap Swim Only	6:30am – 12pm Lap Swim Only	6:30am – 12pm Lap Swim Only
6:30am							
7am							
7:30am	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes
8am							
8:30am							
9am	8:30-9:30am H2O Connect	8:30-9:30am Aqua Fit	8:30-9:30am H2O Connect	8:30-9:30am Aqua Zumba	8:30-9:30am Water Warriors	8:30 - 9:30am H2O Connect	9-10am H2O Intervals
9:30am							
10am							
10:30am			10-11am Aqua Fusion		10-11am Aqua Fusion	9:45-11:30am Lap (3 Lanes) & Group Lessons	10:45-12pm Lap (3 Lanes) & Group Lessons
11am							
11:30am							
Noon							
12:30pm							
1pm							
1:30pm							
2pm							
2:30pm	12-4pm Lap (4 Lanes) & Open Swim	12-4pm Lap (4 Lanes) & Open Swim	12-4pm Lap (4 Lanes) & Open Swim	12-4pm Lap (4 Lanes) & Open Swim	12-7pm Lap (4 Lanes) & Open Swim	12-7pm Lap (4 Lanes) & Open Swim	12-6pm Lap (4 Lanes) & Open Swim
3pm							
3:30pm							
4pm							
4:30pm	4-6pm Lap (3 Lanes) & Group Lessons	4-6pm Lap (3 Lanes) & Group Lessons	4-6pm Lap (3 Lanes) & Group Lessons	4-6pm Lap (3 Lanes) & Group Lessons			
5pm							
5:30pm							
6pm							
6:30pm							
7pm	6-8pm Lap (4 Lanes) & Open Swim	6-8pm Lap (4 Lanes) & Open Swim	6-8pm Lap (4 Lanes) & Open Swim	6-8pm Lap (4 Lanes) & Open Swim			
7:30pm							
8pm							
8:30pm							
9pm							

- Depending on attendance, management reserves the right to assign additional lanes to aquatic group exercise classes or private groups. The lifeguard on duty will be responsible for setting lane lines as necessary.
- Lap swimmers are required to share lanes whenever there are more swimmers than lanes available. Circle swimming is to be utilized.

- During private parties, no lap lanes will be available. Please join our electronic newsletter list by asking the aquatic desk or front desk.
- This schedule is subject to change without notice. Please feel free to call the front desk at 847.579.4040 for information.