

# EFFECTIVE: January 11, 2019



**PARK DISTRICT**  
of HIGHLAND PARK

**LAP LANE AVAILABILITY**

|         | Monday                                 | Tuesday                                | Wednesday                              | Thursday                               | Friday                                   | Saturday  | Sunday   |
|---------|--|--|--|--|--|---|--|
| 5:15am  |  |  |  |  |  |   |  |
| 6am     | 5:15am – 8:15am                        | 5:15am – 8:15am                        | 5:15am – 8:15am                        | 5:15am – 8:15am                        | 5:15am – 8:15am                          |   | 6:30am – 9am                                       |
| 6:30am  | Lap Swim Only                          | Lap Swim Only                          | Lap Swim Only                          | Lap Swim Only                          | Lap Swim Only                            | 6:30am – 8:15am                                   | Lap Swim Only                                      |
| 7am     |  |  |  |  |  |   |  |
| 7:30am  | All Lanes                              | All Lanes                              | All Lanes                              | All Lanes                              | All Lanes                                |   | All Lanes  |
| 8am     |  |  |  |  |  |   |  |
| 8:30am  |  |  |  |  |  |   |  |
| 9am     | 8:30-9:30am<br>H2O Connect<br>4 Lanes  | 8:30-9:30 am<br>Aqua Fit<br>4 Lanes    | 8:30-9:30am<br>H2O Connect<br>4 Lanes  | 8:30-9:25am<br>Aqua Zumba<br>4 Lanes   | 8:30-9:30am<br>Water Warriors<br>4 Lanes | 8:30 - 9:30am<br>H2O Connect<br>4 Lanes           | 9-10am<br>H2O Intervals<br>4 Lanes                 |
| 9:30am  |  |  |  |  |  |   |  |
| 10am    |  |  | 10-11am<br>Aqua Fusion<br>4 Lanes      |  | 10-11am<br>Aqua Fusion<br>4 Lanes        |   |  |
| 10:30am | 9:30am – 12pm<br>Lap Swim Only         | 9:30am – 12pm<br>Lap Swim Only         |  | 9:30am – 12pm<br>Lap Swim Only         |  | 9:45am – 12:30am<br>Lap (3 Lanes) & Group Lessons |  |
| 11am    |  |  | 11-12pm<br>Lap Swim Only               |  | 11-12pm<br>Lap Swim Only                 |   | 10:45am - 12:30pm<br>Lap (3 Lanes) & Group Lessons |
| 11:30am | All Lanes                              | All Lanes                              | All Lanes                              | All Lanes                              | All Lanes                                |   |  |
| Noon    |  |  |  |  |  |   |  |
| 12:30pm |  |  |  |  |  |   |  |
| 1pm     |  |  |  |  |  |   |  |
| 1:30pm  |  |  |  |  |  |   |  |
| 2pm     |  |  |  |  |  |   |  |
| 2:30pm  | 12-4pm<br>Lap (4 Lanes) & Open Swim    | 12-4pm<br>Lap (4 Lanes) & Open Swim    | 12-4pm<br>Lap (4 Lanes) & Open Swim    | 12-4pm<br>Lap (4 Lanes) & Open Swim    | 12-7pm<br>Lap (4 Lanes) & Open Swim      | 12:30-7pm<br>Lap (4 Lanes) & Open Swim            | 12:30-6pm<br>Lap (4 Lanes) & Open Swim             |
| 3pm     |  |  |  |  |  |   |  |
| 3:30pm  |  |  |  |  |  |   |  |
| 4pm     |  |  |  |  |  |   |  |
| 4:30pm  |  |  |  |  |  |   |  |
| 5pm     | 4-6pm<br>Lap (3 Lanes) & Group Lessons | 4-6pm<br>Lap (3 Lanes) & Group Lessons | 4-6pm<br>Lap (3 Lanes) & Group Lessons | 4-6pm<br>Lap (3 Lanes) & Group Lessons |  |   |  |
| 5:30pm  |  |  |  |  |  |   |  |
| 6pm     |  |  |  |  |  |   |  |
| 6:30pm  | 6-9pm<br>Lap (4 Lanes) & Open Swim     | 6-9pm<br>Lap (4 Lanes) & Open Swim     | 6-9pm<br>Lap (4 Lanes) & Open Swim     | 6-9pm<br>Lap (4 Lanes) & Open Swim     |  |   |  |
| 7pm     |  |  |  |  |  |   |  |
| 8pm     |  |  |  |  |  |   |  |
| 9pm     |  |  |  |  |  |   |  |

1. Depending on attendance, management reserves the right to assign additional lanes to aquatic group exercise classes or private groups. The lifeguard on duty will be responsible for setting lane lines as necessary.
2. Lap swimmers are required to share lanes whenever there are more swimmers than lanes available. Circle swimming is to be utilized.

3. During private parties, no lap lanes will be available. Please join our electronic newsletter list by asking the aquatic desk or front desk.
4. This schedule is subject to change without notice. Please feel free to call the front desk at 847.579.4554 for information.

To ensure that you receive the most up-to-date information regarding the pool, please sign up for our email list to receive information regarding pool closings, special events and other pool-related news. Please contact Kari Acevedo to be added to our list. [kacevedo@pdhp.org](mailto:kacevedo@pdhp.org)