

TENNIS & PICKLEBALL COURT GUIDELINES

Due To COVID-19



Courts are available by online reservation only. To book a court time go to pdhp.org

Any players with any symptoms of COVID-19, should not play.

Any players from a household with someone with symptoms of COVID-19 should not play.

Some courts are blocked from play to ensure proper social distancing.

Singles play only is permitted.



PREPARING TO PLAY

- Wash your hands with a disinfectant soap and water (for 20 seconds or longer), or use a hand sanitizer if soap and water are not readily available, before going to the court.
- Clean and wipe down your equipment, including racquets, paddles and water bottles. Do not share racquets, paddles or any other equipment such as wristbands, grips, hats and towels.
- Bring a full water bottle to avoid touching a tap or water fountain handle.
- Use new balls and a new grip, if possible.
- Consider taking extra precautions such as wearing gloves.
- If you need to sneeze or cough, do so into a tissue or upper sleeve.
- Arrive as close as possible to when you need to be there.
- Avoid touching court gates, fences, benches, etc if you can.

WHEN PLAYING

- Try to stay at least six feet apart from other players. Do not make physical contact with them (such as shaking hands or a high five).
- Avoid touching your face after handling a ball, racquet, paddle, or other equipment. Wash your hands promptly if you have touched your eyes, nose or mouth.
- Avoid sharing food, drinks or towels.
- Use your racquet or paddle/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- Stay on your side of court. Avoid changing ends of the court.
- Remain apart from other players when taking a break.
- If a ball from another court comes to you, send it back with a kick or with your racquet or paddle.

AFTER PLAYING

- Leave the court as soon as reasonably possible.
- Wash your hands thoroughly or use a hand sanitizer after coming off the court.
- No extra-curricular or social activity should take place.
- No congregation after playing.
- All players should leave the area immediately after play.

USE FOUR BALLS OR SIX BALLS

Although unlikely, it's possible that a ball can transmit the COVID-19 virus, as virtually any hard surface can transmit the disease. So here is an extra precaution you can take to keep safe when playing:

- Open two cans of balls that do not share the same number or ball color.
- Take one set of balls, and have your playing partner take a set of balls from the other can.
- Proceed with play, making sure to pick up your set of numbered or color balls only. Should a ball with the other number or color wind up on your side of the court, do not touch the ball with your hands. Use your racquet, paddle or feet to advance the ball to the other side of the court.