

## **CIA COVID-19 Figure Skating Guidelines – Restore Illinois Phase 4**

### **General Guidelines**

- You should NOT enter facility if you have any COVID-19 symptoms or you are from a household with someone experiencing COVID-19 symptoms.
- Face covering is required in common areas including, sidewalk, entrance, exit, lobby, bathroom, locker rooms, activity rooms, hallways.
- Use hand sanitizer or wash hands as you enter Centennial.
- Signage and floor markings will guide participants to the ice surface.
- No more than 50 individuals allowed on the ice.
- No spectators are allowed.
- Lost items such as personal clothing, shoes, bags will be disposed of daily, except for electronic items and keys.
- No vending machines or concessions will be available.

### **Entrance/Exit Procedures**

- Arrive no earlier than 10 minutes prior to your scheduled class or ice time.
- Enter through the left side of the door and proceed to rink or assigned holding area.
- Do not congregate in lobby or rink area. Stanchions will be used to direct traffic.
- Once a participant has entered the facility they cannot leave and re-enter. If skaters need to stretch and warm-up, they should do so outside before entering.
- Areas will be designated for skaters to put on skates. If possible, please arrive with skates already on.
- Skaters must stay in their holding area until after the Zamboni has cleaned the ice and/or previous participants are out of the rink area.
- Skaters must leave the facility within 10 minutes after they have finished skating.
- All skaters will use the door in hallway along locker rooms C & D to promptly exit the facility.

### **Skater Expectations**

- Skaters are expected to follow physical distancing rules of 6 ft. Before, during, and after skating.
- Face coverings must always be worn.
- Skaters must arrive fully dressed and ready to participate.

### **Coach Expectations**

- Coaches are expected to follow physical distancing rules of 6 feet before, during, and after skating
- Coaches must always wear face masks.
- Coaches will assist with escorting classes/skaters on and off the ice and reinforcing physical distancing guidelines to skaters.