

Indoor Pool Schedule

November 22– November 28



NOTE: You must check in and scan key fob with the desk attendant in the pool lobby. Day passes can be purchased at the main Front Desk.

Mon 11/22	Tue 11/23	Wed 11/24	Thur 11/25	Fri 11/26	Sat 11/27	Sun 11/28
5:30-9:00am Adult Lap Swim (6 lap lanes open)	5:30-9:00am Adult Lap Swim (6 lap lanes open)	5:30-9:00am Adult Lap Swim (6 lap lanes open)	5:30-11:30am Adult Lap Swim (6 lap lanes open)	7am-4:30pm Adult Lap Swim (6 lap lanes open)	7am-12:30pm Adult Lap Swim (6 lap lanes open)	7am-12:30pm Adult Lap Swim (6 lap lanes open)
9:00-10:00am Aqua Fit (3 lap lanes open)	9:00-10:00am Aqua Fit (3 lap lanes open)	9:00-10:00am Aqua Fit (3 lap lanes open)	9:00-10:00am Aqua Fit (3 lap lanes open)		12:30-5:30pm Open Swim (2 lap lanes open)	12:30-5:30pm Open Swim (2 lap lanes open)
10am– 6:30pm Adult Lap Swim (6 lap lanes open)	10am-6:30pm Adult Lap Swim (6 lap lanes open)	10am-4:00pm Adult Lap Swim (6 lap lanes open)	10:00am-11:30am Adult Lap Swim (6 lap lanes open)			
6:30-8:00pm Swim Team (No lap lanes open)	6:30-8:00pm Swim Team (No lap lanes open)	4-8pm Open Swim (3 lap lanes open)				

- **Aquafit**
- **Swim Lessons**
- **Open Swim**
- **Adult Lap Swim**

Daily Admission Fees	
Resident	\$6.00
Non Resident	\$8.00
Children (3 & under)	FREE

Adult Lap Swim is for adults 16 years and older. The facility is not protected by lifeguards during this time. The pool has 4-6 lane lines setup and is ideal for people who are exercising on their own. Swimming alone is not recommended.

Swim Lessons and Swim Team is a designated time for Group and Private Lessons in which the pool has limited access for those looking to swim laps. The amount of lane lines are subject to change due to class sizes.

Open Swim times, the pool is available for those who wish to participate in non-lap swim activities, as well as to relax and enjoy our pool. It is a great time to workout independently or have family time to play together in the pools. *Private swim lessons may be taking place which affects the amount of lap lanes available.*

AquaFit is a Water Aerobics class led by a certified group exercise instructor. The classes focus on aerobic endurance, resistance training, and creating an enjoyable atmosphere with music. Classes need to have a Recreation Membership or pay a daily fee at the front desk.