



Junior Program Levels to Success

Learning & Development Program

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
Red Ball 1	4-5	4/1 or 6/1	Beginner. 10 & Under format, 36' court.	Just starting to play tennis.
8 & UNDER				
Red Ball 2	6-7	6/1	Beginner/Advanced Beginner. Red balls, 36' court.	Little or no tennis experience; cannot rally consistently.
Junior Development Program 1	7-8	6/1	Intermediate -orange balls; 60' court	Learning to rally.
10 & UNDER				
Orange Ball 1	8-10	5/1	Beginner/Advanced Beginner - 60' court	Little or no tennis experience; cannot rally consistently.
Junior Development Program 2	8-10	5/1	Intermediate - Orange balls - 60' court	Beginning to rally and serve. Capable of rallying with a pro from service line 10 times or baseline 5 times.
Tournament Prep 1*	8-10	5/1	Advanced Intermediate, Green Dot Balls, 78' court	Sustains medium-length rallies. Is expected to play in weekly Junior match play. Should play twice a week.
14 & UNDER				
Green Dot 1	11-14	5/1	Beginner/Advanced Beginner - Green dot balls	Little or no tennis experience; cannot rally consistently.
Junior Development Program 3	11-14	5/1	Intermediate - yellow balls, 78' court	Sustains medium-length rallies (5 shots). Able to serve & play a game on a 78' court.
Tournament Prep 2*	11-13	5/1	Advanced Intermediate, Yellow balls, 78' court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip changes & shot selection. Should play twice a week.
High School	14-18	5/1	Intermediate - Yellow Ball- full court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip, changes and shot selection. Should play twice a week.

Advanced Program | Must be tested or approved by Junior Director or 10 & Under Director.

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
Junior Excellence	9-13	5/1	Advanced. Green dot & yellow balls, 78' court.	Good listening skills and ability to use a continental grip for volleys, spin and serve. Able to rally with an instructor from the service line (20 balls in a row). Match play participation required. Must play twice a week. USTA Tournament participation expected. A strong work ethic & a hustle for every ball.
High School Excellence	13-18	5/1	Advanced. Yellow ball, 78' court.	Varsity team player. Should play twice a week. Participating in USTA Tournaments.

*Enrollment in Tournament Prep 1 and higher is subject to approval by a full-time tennis professional. An evaluation may be required.