

Park Fitness Indoor Pool

January 5–31

General Indoor Pool Hours

Mon–Thurs 5:30am–8:00pm

Fri 5:30am–7:30pm

Sat & Sun 7:00am–5:30pm

Lap Lanes Available	5:30am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm			
Monday	6 Lanes 5:30a–8:30a			2 Lanes 8:30a–9:30a	*2 Lanes 9:30–10:15a	6 Lanes 10:15a–3:45p				2 Lanes 3:45–6:30p		1 Lane 6:30–8:00p		CLOSED					
Tuesday	6 Lanes 5:30a–8:30a			2 Lanes 8:30a–9:30a	6 Lanes 9:30a–3:45p				2 Lanes 3:45–6:30p		1 Lane 6:30–8:00p		CLOSED						
Wednesday	6 Lanes 5:30a–8:30a			2 Lanes 8:30a–9:30a	*2 Lanes 9:30–10:15a	6 Lanes 10:15a–5:00p				1 Lane 5:00–8:00p			CLOSED						
Thursday	6 Lanes 5:30a–8:30a			2 Lanes 8:30a–9:30a	6 Lanes 9:30a–1:00p			4 Lanes 1–2p	6 Lanes 2:00–4:00p	3 Lanes 4:00–6:00p	6 Lanes 6–7p	2 Lanes 7–8p	CLOSED						
Friday	6 Lanes 5:30a–8:30a			2 Lanes 8:30a–9:30a	6 Lanes 9:30a–3:45p				3 Lanes 3:45–5:30p	6 Lanes 5:30–7:30p	CLOSED								
Saturday	CLOSED	6 Lanes 7:00a–9:30a			2 Lanes 9:30a–12:30p		3 Lanes 12:30–5:30p			CLOSED									
Sunday	CLOSED	6 Lanes 7:00a–9:30a			2 Lanes 9:30a–12:30p		3 Lanes 12:30–5:30p			CLOSED									

Adult Lap Swim

Adults 16 years and older. The facility is not protected by lifeguards during this time. Swimming alone is not recommended. Programming, including Private Swim Lessons will effect the amount of lap lanes available in our shaded community space. *During busy times, Swimmers are encouraged to share lanes: swim side-by-side or circle swim.*

Aqua Fitness

Water Aerobics classes are led by a certified group exercise instructors. Classes focus on aerobic endurance, resistance training, and creating an enjoyable atmosphere with music. To participate in class, participants need to have a Park Fitness Membership or pay a daily fee at the front desk. **9:30a class taught by Glenview PD Instructors.*

Open Swim

Recreational pool time allowing for a variety of activities like splashing, family use, and general recreation, rather than structured lap swimming. *Private swim lessons may be taking place which limits the amount of lap lanes available in our shared community space.*

Lessons & Programs

Swim Lessons and Swim Team have designated time for park district programming. There are limited lap lanes available based on class/program size.

Announcements: Private Rental Jan 11, 5:00–6:30p, Pool Closed.

Private Rental Jan 24, 3:30–4:30p, Pool Closed.